## 2023 Shangrila Access & Use Guidelines

Please download a copy and ensure all members of your party read this before your departure. A copy of these guidelines is posted on the inside of the door at Shangrila.

### **Before You Go**

#### **Liability Waiver:**

- Waivers All members of your party MUST fill out the liability waiver prior to arriving at Edge
  Control to pick up the cabin keys. The waiver form is located on the MLSC web site
  (www.malignelakeskiclub.ca). Download and complete all pages of the waiver before you
  arrive at Edge Control.
- Keys are picked up from and returned to Edge Control, located at 618 Connaught Drive in Jasper. The shop is open from 8:00am to 6:00pm daily, and from 8:00am to 8:00pm on Saturdays.
- The key will NOT be given out unless signed waivers for all party members are provided.
- Copies of the waiver are NOT available at Edge Control.
- In the event of an emergency, numbers of guests and contact information obtained from the waivers is very important.

## Parks Canada Requirements:

- Vehicles must display a valid park pass which can be purchased at the park gate upon entry.
- For more information, call the Park Office at 780-852-6177.
- A wilderness pass and/or camping permit is not required by guests staying overnight at the cabin.
- The maximum capacity of the cabin is 6 people.

#### Feedback Form:

- The <u>Feedback Form</u> provides information to the MLSC to address issues and ensure everything is working properly at the cabin.
- Before leaving for your trip please download this form from the MLSC website.
- Prior to leaving the cabin, use this form to let us know about cabin conditions, wildlife, and other observations.

 Please return the feedback form and the cabin keys to Edge Control immediately following your trip.

#### Bedding/Kitchen

- The cabin is equipped with a set of pots and pans, dishes and utensils for 6.
- Duvets and pillows are available. Please bring your own set of sheets and a pillow case. There are two queen-size bunk beds, and two twin-size bunk beds.
- Kitchen linen, sponges, scrubbies, cloths, towels, are not supplied. Please bring your own. Some dish soap is available
- NOTE: The cabin is NOT supplied with toilet paper. Please bring your own.

#### Cleaning/Sanitizing

The Covid-18 pandemic is not over! Please be sure to sanitize in order to prevent exposure to the COVID-19 or other viruses.

The club has provided spray bottles and some bleach to add to water for sanitizing. **Parties are** required to bring their own cloths and any other products with which to clean. Upon arrival and departure each party is required to clean all common surfaces in the cabin and loo.

## **Access Routes into the Cabin**

There are two routes into Shangrila. Jeffery Creek Trail is shorter and is used more frequently. Little Shovel Pass is longer and involves challenging avalanche terrain.

## Jeffery Creek Trail

- This is the shorter and more commonly used route. It is more direct, but less scenic. There are
  a couple of variations to choose from depending on snow conditions and time of year. See
  attached map
- This access starts at Rosemary's Rock, about a mile before the first bridge across the Maligne River above Medicine Lake. There is a small parking lot just past the curve of the road that is at Rosemary's Rock itself. Most years, a natural ice bridge will form here that provides a shorter route. Safety is a consideration here as this is an ice bridge across moving water.
- After crossing the ice bridge, follow the flagged trail to the junction of the summer trail. At this
  point follow the flagging to the Creek (approximately 50m) and continue up the creek. As you
  approach the cabin, a clearly visible sign with an arrow marks where the trail leaves Jeffery
  Creek. This portion of the trail is also clearly flagged.

- Travel up and down Jeffery's Creek is preferred for safety. It is, none the less, still a test of your abilities and generously called an Intermediate trail.
- As with any travel in the backcountry guests are expected to have and be able to use maps to navigate this area.

#### **Alternate Access Trail**

- In years when the ice bridge does not form, or for early season access, we solve the problem
  of crossing the Maligne River by driving approximately one mile further to the first bridge. Here
  there is a summer picnic spot with primitive toilets and parking on the left side of the road.
  Walk across the bridge and immediately descend the west bank and follow the flagged
  Alternate Access Trail. This route will add about a mile to your trip. The trail intersects with
  the Jeffery Creek trail shortly before the junction of the summer trail. At the junction of the
  summer trail access Jeffery Creek.
- Very early visitors to Shangrila may encounter snow conditions such that the trail in Jeffery
  Creek is not usable at all. The option then is the Summer trail for both in and out. The summer
  trail is also flagged and the trail accesses Jeffery Creek further up the valley. The ski out is
  challenging as the trail is steep and narrow and trees are plentiful. Please ski with extreme
  caution.

#### Little Shovel Pass

- This route follows the scenic Skyline Trail from Maligne Lake, over Little Shovel Pass and down to the Snowbowl.
- Plan on spending most of the day getting to the cabin by this route.
- This route will take you through Challenging Avalanche Terrain.
- Route finding skills will be necessary, as this trail is used less frequently than the Jeffery Creek
   Trail and the cabin is not visible from the skyline trail.

## Cabin Use Guidelines

In order to ensure your safety, preserve this special place and minimize your environmental footprint, we ask you to follow these practices during your visit to the cabin.

#### **Arrival**

- Upon arrival, open the door, open/remove the shutters, and check for the smell of propane (a strong rotten egg smell).
- Ventilate the cabin by keeping the door open for at least 10 minutes before igniting a match or lighter for any purpose.

- If all seems to be in order (no strong smell), turn on the main propane tank, located at the back of the cabin. Instructions for the propane heater in the cabin are posted on the wall behind the heater.
- There is a turn-on valve behind the cook stove. Please close this valve when the stove is not in use. There is no pilot light for the stove top, only for the oven. Be aware that each burner must be lit independently.
- If a strong smell is detected, check the stove and heater to see if either was left on and check the main propane tank. If so, turn them off and ventilate the cabin for another 10 minutes (or until the smell has dissipated) before striking a match. Then turn on as described above. If the source of the propane leak cannot be found, ensure the propane tank at the rear of the cabin is turned off and do not use the propane heater or stove. Report the issue upon your return. Wait until the smell has dissipated and use the wood stove for cooking and heat.
- The propane is left on as well as the heater.
- The stove shut off should be closed.
- The propane is now located at the rear of the woodshed.
- The emergency shut off is at the rear of the cabin.

#### Water

- The water source is from a water hole in the creek located 50-100m upstream of the cabin.
   You may need an axe to break through the ice and a dipper to fill the bucket(s).
- Please keep a full supply of water on hand in the cabin in case of a fire emergency.
- Familiarize yourself and other guests with the location and operation of the fire extinguisher.

#### Grey Water (used dish water and clean up water)

- NOTE: Grey water should never be emptied into the loo.
- To the left of the outhouse steps (towards the trees) is a pipe rising out of the ground with a
  cap chained to it. This is where the grey water is to be deposited. Please strain all food
  particles from the water before disposing of it. There is a strainer in the sink for this purpose as
  well as on the grey water drain.
- Please burn food particles captured in the strainers. If large amounts of grease end up in the water, please soak up excess with paper towel or newspapers and burn.

#### **Toilet**

- The outhouse has two seats with barrels located underneath to catch the effluent (one barrel
  for each toilet). Only one toilet is used at a time. A sign is used to indicate which toilet is in
  use. Empty barrels are also stored underneath the toilets and are used to replace full barrels
  as required.
- Please monitor and report on the levels in the barrels. When a barrel is 80% full, please switch the sign to the other toilet (making it active) and switch the full barrel with an empty barrel. There are masks, overalls, and gloves in the wood shed.
- Do not put cleaning wipes or other cleaning products in the toilet.

• The barrels are flown out to be emptied and cleaned at significant cost to the club. Please use the toilets for the intended purposes only. Nothing other than human waste and toilet paper should be disposed of in the toilets. **Please do not dump grey water into the toilets.** 

#### **Wood Stove Ashes**

- There is a bucket and shovel in the wood shed for cleaning the ashes from the stove. These ashes are deposited in the grey metal garbage can located next to the grey water drain.
- Please ensure the ashes are cold /dead before dumping and that the lid is securely on the bucket.

#### Lighting

- The cabin is equipped with solar lighting. Please DO NOT attempt to adjust anything in regards to this.
- The solar panels should be cleaned of snow with the brush provided <u>never a shovel</u>.
- A spare battery lantern is in the bench.
- Battery-operated LED lights are provided. There are additional batteries in the bench by the door. There is also a USB-powered lantern. Please bring in a USB charging stick to use this.

#### **Locking the Cabin**

• To ensure your privacy, it is recommended that the cabin be locked when unattended.

#### **Upon Departure, Please:**

- Pack out all garbage and extra food. DO NOT leave extra food behind. There is an emergency supply kept on hand.
- Empty the slop bucket into the grey water disposal area.
- Dispose of ashes from the wood stove in the metal can beside the grey water disposal.
- Empty the water buckets to prevent damage from frozen water.
- Replace wood in the wood box. You should leave sufficient kindling and small pieces of wood for the next party to get a fire started.
- Sweep and clean the cabin. Wash the floor if needed.
- Ensure the propane heater and stove are turned off. Turn the propane valve located at the rear of the stove off. Turn off propane at the tank to the rear of the cabin and record the level of propane (percentage from the gauge on the tank).
- On the feedback sheet, note the level of the barrels in the outhouse, the percentage of the propane and any needed supplies.
- Replace the shutters.
- Turn off the propane shut off behind the cook stove.
- Leave the heater on.
- Leave the main propane tanks on.
- Lock the cabin and wood shed.

• Fill out the feedback sheet and return it with the cabin keys to Edge Control promptly upon your return.

Thank you. The Maligne Lake Ski Club hopes you have an enjoyable trip

# Overview Map of Jeffery Creek Access

# (not suitable for navigation)

